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"Dr. Alessio Fasano is one of the world's leading authorities on gluten and celiac disease and in Gluten Freedom he presents the facts about what gluten does, whom it affects, and what can be done for the millions of Americans, most of them undiagnosed, with celiac disease."

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Gluten Freedom Dr. Fasano is the nation's leading expert on celiac disease and gluten-related disorders. He founded the Center for Celiac Research at Massachusetts General Hospital in 1996. This is a myth-dispelling, easy to read, and comprehensive book on what we need to know and how to live with the diagnosis.

Gluten Freedom - Helm Publishing

Gluten freedom : the nation's leading expert offers the essential guide to a healthy, gluten-free lifestyle. [Alessio Fasano; Susie Flaherty] -- "Why dropping the wheat might just save your life--and how to start today World-renowned gluten disorder expert Dr. Alessio Fasano presents the groundbreaking roadmap to a gluten-free lifestyle, and ...

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For centuries, bread has been known as the "staff of life." But for millions of Americans affected by gluten-related disorders, consuming gluten, the complex protein found in wheat, rye, and barley, can be hazardous to their health. In a recent poll presented by Scientific American, over 30% of Americans

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reported wanting to cut down or eliminate gluten from their diets; the gluten-free market ...

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Gluten Freedom: The Nation's Leading Expert Offers the Essential Guide to a Healthy, Gluten-Free Lifestyle eBook: Fasano, Alessio, Gannon, Rich, Flaherty, Susie ...

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“Gluten Freedom” is a rich resource for anyone with questions about who should eat gluten or get tested for celiac disease or non-celiac gluten sensitivity. It also offers tips about sticking to a gluten-free diet. As the nation’s leading expert in the clinical treatment and research of celiac disease, Dr. Fasano provides an easy-to-read ...

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"Gluten Freedom" Book Dispels Myths about Celiac Disease

Title: Gluten Freedom: The Nation's Leading Expert Offers the
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Fasano MD, Susie Flaherty, Rich Gannon Pages: 9 hrs 53 mins
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